



FOUR CORNERS GUIDES, LLC
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Gear Guest Checklist (Packrafting Specific)

Sleep Kit

We recommend you bring your own sleep kit, but ultralight Big Agnes tents, sleeping bags and pads can be rented from Four Corners Guides.

1. Sleeping bag (32 degree is a good place to start)
2. Sleeping pad
3. Lightweight tent
4. Ground cloth
5. Optional: bivy sack or tarp (we do not rent these)

Personal Items

1. Snacks & lunch: Due to strict rules on food handling, we are not able to prepare fresh meals in the field. We do supply dehydrated breakfasts and dinners, in addition to electrolyte drinks, coffee/tea, and snacks (at this time Lara and Clif Bars, chips, jerky, cracker snacks, other misc snacks). If you have special snacks you prefer, extra chocolate, or other food items, that you want, please bring them along. We will stop by one of the local stores so you can purchase these extras or sandwiches, if you want fresh lunches. *Please note that if we go out to dinner or any meal at any time, Four Corners Guides is not responsible for paying for your personal meal. Those meals are not included in the price of the tours/courses.*
2. We legally can't provide you with alcohol on the trip (but you are welcome to bring your own as long as you don't drink to excess)
3. Personal first aid or small first aid kit. We will bring one large first aid kit per four people, but please bring your own personal extras, such as additional Ibuprofen, your prescriptions, extra moleskin, etc.
4. Toiletries. Please do not bring excessive toiletries. We recommend toothbrush, a small tube of toothpaste, small package of baby wipes, small tin of salve, half roll of toilet paper.
5. Sunscreen
6. Warm hat
7. Ball cap or sun hat

8. Head lamp
9. Stuff sacks/bags to organize gear

Clothing

1. Light puffy with a hood
2. Light long sleeve synthetic or wool shirt
3. Synthetic or wool T-shirt
4. Gortex and/or otherwise sufficiently waterproof rain jacket and rain pants
5. Light synthetic or wool pants
6. Synthetic or wool underwear
7. Synthetic or wool socks
8. Shorts
9. Appropriate shoes for rough terrain (if you want to do side hikes--river shoes sometimes work fine if you don't plan on doing big hikes)
10. Extra pair of lightweight camp shoes if you want dry feet at night

Stove & Cook Kit

1. Bring a functional stove with appropriate fuel
2. Spoon, fork, bowl, mug, handkerchief
3. Knife (one between 2 to 4 people is sufficient)

River Gear

1. Lightweight sandals or other river shoes
2. Small dry bag (5L) [Click here](#).
3. Locking carabiner. (Please do not bring non-locking carabiners)
4. Dry Suit. Required for all spring river trips. Optional for flat water trips, though recommended for shoulder season trips.